

JULY REGISTRATION FORM

Please circle level registering for

White - Level I Level II Level III

Bronze - Level IV Level V

Silver Level VI – 1st Level VI – 2nd

Gold Level VII – 1st Level VII – 2nd

CYA Level Attained:

Students Name:

Mailing Address:

City, Prov. PC:

Date of Birth:

Parent/Guardian & Contact information:

Email Address:

Shirt Size (circle) Adult S M L XL

Parents/Guardians:

Signed copy of "Acknowledged Responsibility" form must accompany this registration form in order for your child to participate. It will be available at registration.

AUGUST REGISTRATION FORM

Please circle level registering for

White - Level I Level II Level III

Bronze - Level IV Level V

Silver Level VI – 1st Level VI – 2nd

Gold Level VII – 1st Level VII – 2nd

CYA Level Attained:

Students Name:

Mailing Address:

City, Prov. PC:

Date of Birth:

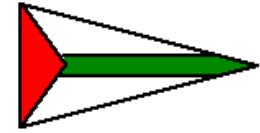
Parent/Guardian & Contact information:

Email Address:

Shirt Size (circle) Adult S M L XL

Parents/Guardians:

Signed copy of "Acknowledged Responsibility" form must accompany this registration form in order for your child to participate. It will be available at registration.



**NIAGARA-ON-THE-LAKE
SAILING CLUB**

Box 1007, 10 MELVILLE STREET
NIAGARA-ON-THE-LAKE, ONTARIO
L0S 1J0

**2009
JUNIOR SAILING
PROGRAM**



SAFETY & LEARNING

From the first morning the student enters the NOLSC environment, safety is our number one concern. Safety is incorporated into every aspect of the program, from the CYA material we teach, to the quality of the equipment.

It is important to note that when we spend time outdoors, we are exposed to (UV) radiation from the sun, and overexposure can cause damage to the skin. Please ensure your child is protected from these harmful rays.

The best way to learn to sail is hands-on! Right from the first day all students are in the boats and on the water. In the event of inclement weather there will be on-shore theory, testing and extra curricular activities.

We take our teaching seriously but FUN is the key ingredient to learning all of our programs. There is a wonderful spirit throughout the whole where good times prevail and friendships develop.



ELIGIBILITY & REQUIREMENTS

To be eligible for our program, juniors must be 10 – 16 years of age, with the ability to swim 50 meters and tread water for 10 minutes.

The Canadian Yachting Association (CYA) has established a national "Learn to Sail" program. The program starts beginners in White Sail (level I, II & III) learning their basic sailing skills. As the students progress they enter Bronze Sail (IV & V) to perfect their seamanship. The program then goes on to racing skills in Silver Sail (VI – 2 months) and Gold Sail (VII – 2 months). All levels of ability are taught in each session. New sailors are welcomed in either month.

Our professional instructors are trained through the CYA's Instructor Certification program. They are trained in first aid, swimming, coaching theory, boat rescue, motor boat handling and high level of sailing skill.

Our fleet consists of Nutshell dingys; RS Feva and International 420's. We supply all equipment. The things you need to bring are the bathing suit, athletic shoes with non-marking soles, a Canadian Coast Guard approved lifejacket, sunscreen and lunch.



DATES

July Session: June 29 – July 24

August Session: July 27 – August 21

Monday – Friday 9:00 am – 4:00 pm

White Sail Level I - \$595.00 4 weeks

****Registration Date: April 27 – May 1**

9:00 – 5:00 Thurs April 30 until 7:00 pm

White Sail Level II - \$595.00 4 weeks

**** Registration Date: April 20 – 24/09**

9:00 – 5:00 Tues. April 21 until 7:00 pm

White Sail Level III - \$595.00 4 weeks

**** Registration Date: April 20 – 24/09**

9:00 – 5:00 Tues. April 21 until 7:00 pm

Bronze Sail Level IV - \$675.00 4 weeks

**** Registration Date: April 20 – 24/09**

9:00 – 5:00 Tues. April 21 until 7:00 pm

Bronze Sail Level V - \$675.00 4 weeks

**** Registration Date: April 20 – 24/09**

9:00 – 5:00 Tues. April 21 until 7:00 pm

**Silver Sail Level VI - \$675.00/session
8 weeks total (4 weeks/session)**

**** Registration Date: TBD students will be contacted****

**Gold Sail Level VI - \$700.00/session
8 weeks total (4weeks/session)**

**** Registration Date: TBD students will be contacted****