

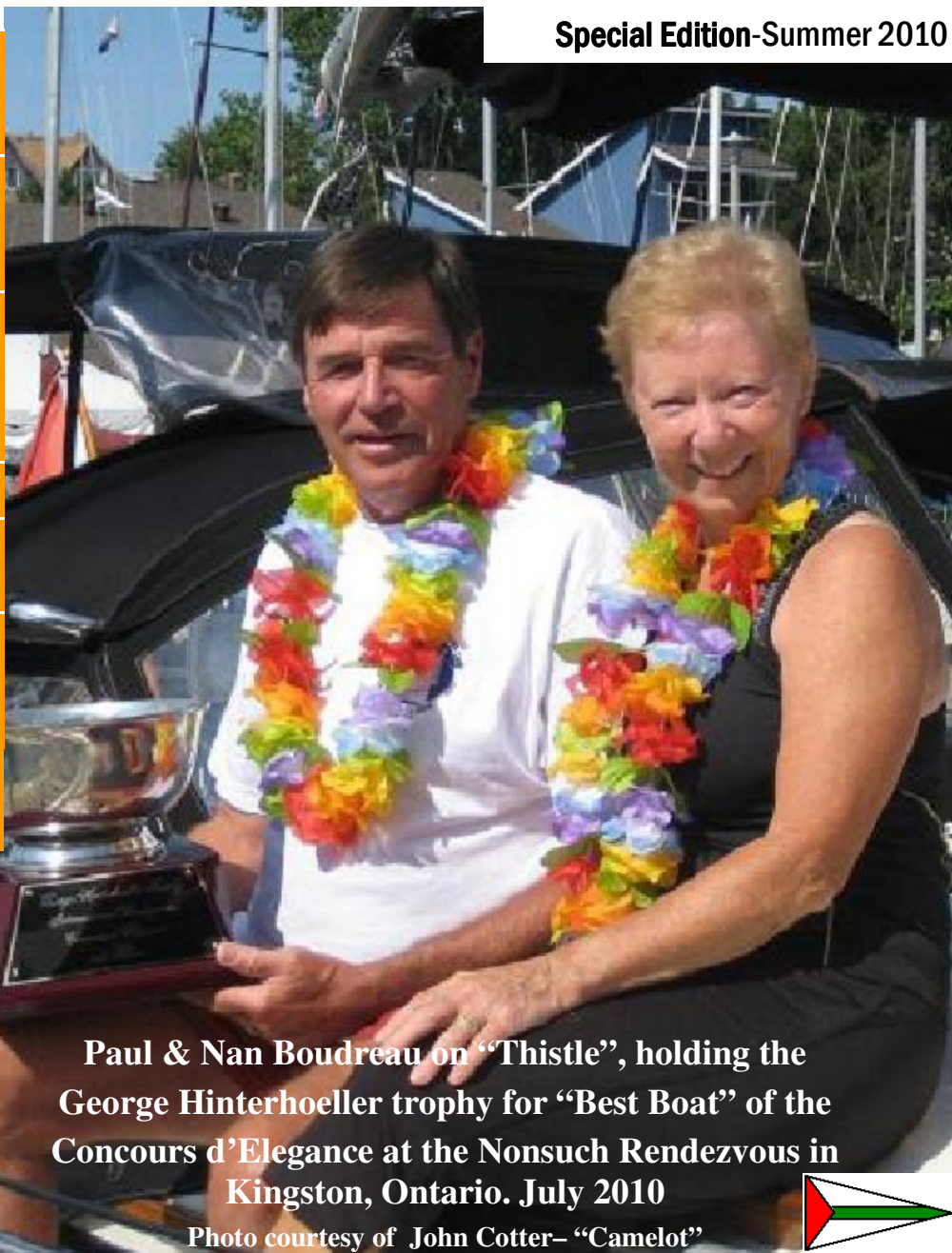


THE MAINSHEET

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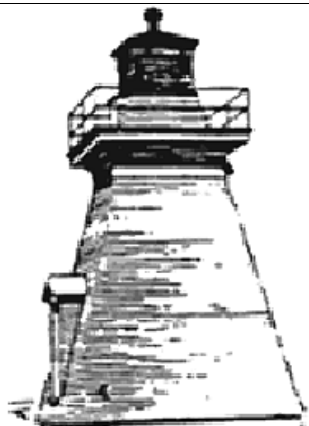
Special Edition-Summer 2010

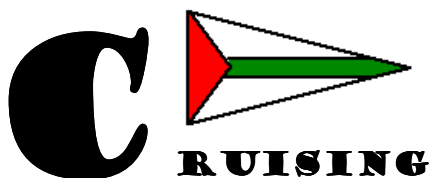
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Paul & Nan Boudreau on "Thistle", holding the George Hinterhoeller trophy for "Best Boat" of the Concours d'Elegance at the Nonsuch Rendezvous in Kingston, Ontario. July 2010

Photo courtesy of John Cotter- "Camelot"





2010

Well, we have thoroughly enjoyed another summer cruising season.

Attendance was high, with 28 boats attending both the July "Gilligan's Island" cruise to ABYC and the August "Hawaiian Luau" cruise to Oakville.

Good times were had by one and all.

Next year David Bruce will take the helm as Cruise Director.

My wife, Kathy, and I appreciate having had the opportunity to contribute to the social aspect of our club and we thank all of our friends and fellow members who have made our organized cruises successful.

See you out there...
gb



Cruising 2011

As you have read earlier, Garry's successful tenure as cruise director has sadly ended.

I would like to thank Garry, and of course Kathy, for two years of well planned, well executed and fun cruises.

I will be taking over from Garry for next season. As in the past we will be having two main reciprocal cruises,

most likely again on the July 1st. weekend and on the August civic holiday weekend.

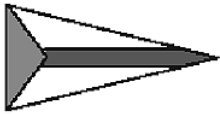
To anyone who has not participated in a club cruise, I would encourage you to do so. It is a great way to spend a weekend on the boat, have some fun and better get to know people you have seen around the club. Quite often boats will leave and cross the lake together in groups.

If anyone has any

suggestions on destinations, let me know. I would like to get requests out to the other clubs early, before they are booked.

David Bruce
Serenity Now





Junior Sailors



Junior Sailing News

This is the thank you issue. Thanks to Kathy and Maureen for giving us a regular forum to keep you informed about Junior Sailing.

Our program has doubled the number of students and doubled the help we need from Ed, Greig and Barb. Rick and Janice contribute with the Wednesday Barbeques. Garry Herlihy puts on an extra boat to take our students for a ride at the end of each session. Virtually every member with a child or grandchildren of Junior Sailing age enroll the children in our program. John and Liz Vanderperk and their friends help with the Banquet. Our race team

gets great support from the parents who tow the boats and act as chaperones at the regatta.

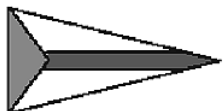
I and our instructors send out a big thank you.

Speaking of instructors, we have a significantly different makeup of our team. With the departure of Mark and Lauren, Jake Harper and Rob Vanderperk have taken over the reins as Head Instructors. Erin Sauder is the race team coach. James Gardner and Katie MacLachlen have returned and done an excellent job as has Colleen Cornet, the newest member of the team. These fine young people take

on a lot of responsibility for the care of the students and for the equipment provided to them.

Sailfast,
Paul Sullivan
Director, Junior Sailing





-Letter from the Editors

As the summer comes to an end, so does my tenure as a Mainsheet Editor. It has been over 4 years since I approached Judy Brandow with an avid interest in the Mainsheet. I have had a great time along with my partner- Mo. We have met many people and have thoroughly enjoyed putting everything together. When Mo and I took over The Mainsheet in 2006 we had no idea what it involved. We didn't even know each other, however we were soon fast friends.

Maureen and I have decided to relinquish our duties as the Editors to allow someone else an opportunity to show their talents. If you are interested in working

on the Mainsheet, please contact Judy Brandow.

This issue of The Mainsheet is a "Special Edition" in that it is all colour, so that we could put in the many photos that we have been given. Thank you to all those that have contributed.

Enjoy.

On behalf of Mo and myself, **THANK YOU** for letting us contribute to our club through "The Mainsheet".

-kb

Kathy Brown (Toucan)

905-468-5848

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Maureen Dodd (Euphoria)

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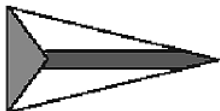
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Did You Know.....

Fines:

Boating Offence

*Minimum Fine**

Not Having enough approved lifejackets onboard.....	\$200
Not having the required proof of competency onboard.....	\$250
Not having the required Pleasure Craft License on board.....	\$250
Not having sufficient amount of flares onboard.....	up to \$150 per flare
Careless operation.....	\$200
Speeding.....	\$100
Allowing someone under age to operate,a boat.....	\$250
Operating a boat if you are under age.....	\$100
Operating a boat without a working muffler in good condition....	\$100
Towing someone without a spotter.....	\$100

*Not including administration charges.

Some boating offences can result in fines to both the operator of the boat as well as to the person who allowed the operation of the boat.

Happy and Safe Boating!



Ed's Ramblings

Greig Hunter returned to work the beginning of June a rejuvenated man. Under the care of a new doctor, Greig's health woes have improved considerably and he is back in the saddle or should I say, back at the helm! I'm sure he is not 100% but he's close. Welcome back Greig !!

We have had another visitor busy summer. Through July

Ed-ifications

especially, we don't have an inch of dock space at the end of most days. We accommodate hundreds of visitors every year, We have to say no to 20 to 30 people per day, through the heat of the season. That is not easy for Barb to say, but she gets it done with her pleasant demeanor, making people understand our situation in terms of limited docking space here at NOLSC. When our members travel, they become the ambassadors for the club. Some are asked of our reciprocal policies, and struggle to answer the question as to why our policy

is what it is. If you need clarification of the visiting yacht policy for NOLSC, please ask the office.

Greig will be looking for golfers soon for the second annual NOLSC Open. Give him a call 905 468 4355

Thanks Kathy and Maureen for you're patience over the years, waiting for guys like me to submit articles.

Well it's September ... I think I'll go fishin' Ed

THE COMMODORE COMMENTS...

Well we are officially on the backside of the summer and what a summer it has been. Social events are consistently selling out, racing and cruising are equally doing well. The Junior sailing program, now over for this year, has been very successful. Many letters, written by parents of the junior sailors, thanking our instructors for a memorable and constructive program, were received.

About 2 weeks ago the Metamorphosis was hit in the transom while at her dock and although the whole situation was unfortunate, the damage to my vessel is repaired and there are no hard feelings between the parties. I only mention this incident as a warning of the dangers of not sailing.

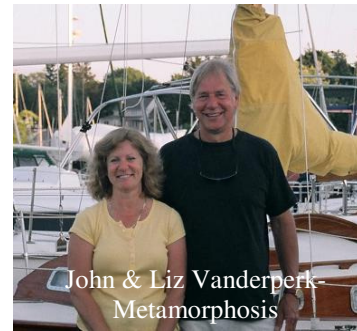
For the last year and a half, representatives of your board of directors have been attending workshop meetings from the Town of Niagara-on-the-Lake's Planning Dept., with regards to the vision of the dock area plan. Our main concern is the future plan of a public walkway on our waterfront as well as around the perimeter of our basin. Although any such plan would take many years to implement, we have never the less sought legal council to see how to best respond to this latest challenge.

I would like to take this opportunity to thank Kathy Brown and Maureen Dodd for the excellent work they have done on the Main Sheet. For more then 3 years they have put together a high quality and informative club news letter.

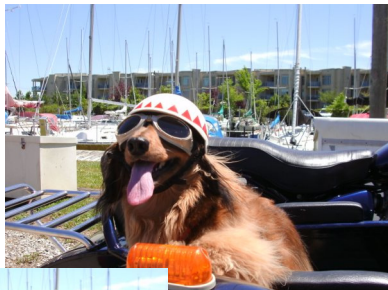
This will be the last issue they will publish.

Even though the summer feels like it's coming to a close, there are still many good days left with the September, October racing, Tom Turkey and Shark Homecomers events still before us. So enjoy the rest of the season.

Commodore John VanderPerk.



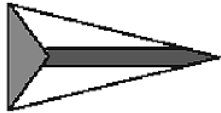
John & Liz Vanderperk
Metamorphosis



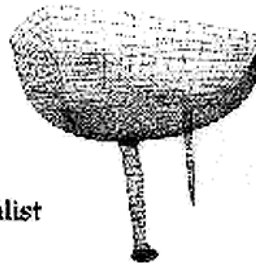
"Schnitzel"



*We cannot direct the winds
but we can adjust our sails.*

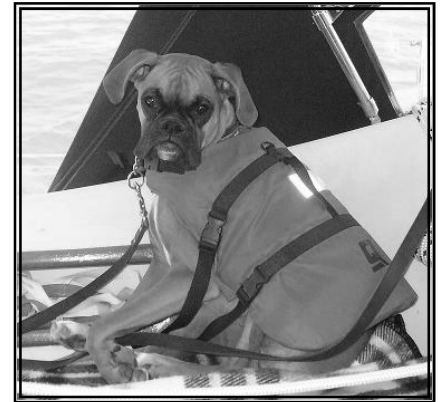


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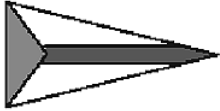


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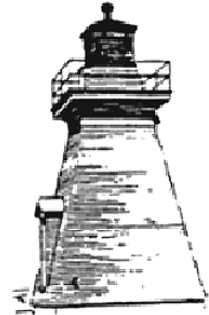


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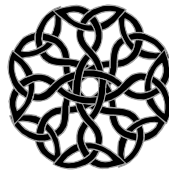
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Vice Commodore—Fleet	Rob MacLachlan	Kissing Bridge	(905) 468 1712

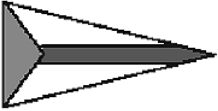
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Director at Large	Greg Chapman	Manana	(905) 938-2123

BOARD AFFILIATES

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Cruise Director	Garry Brown	Toucan	(905) 468-5848
Mainsheet Editors	Kathy Brown	Toucan	(906) 468-5848
	Maureen Dodd	Euphoria	(905) 468-4810

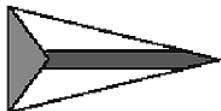
Who's Who?...





GILLIGAN'S ISLAND CRUISE- ASHBRIDGES Bay -JULY 2010





Man Overboard!

Have you had a practice drill on your boat?

There are just the two of you onboard. One slip, a big splash and one of you is swimming, the other is frantically trying to throw life rings, stop the boat and keep an eye on the partner-in-danger.

Would you know what to do if someone fell off your boat? Paul Boudreau, (a 35-year fire fighter, 22 of which were served on Toronto's rescue fireboat, and skipper of Thistle), says it is one of the most common boating accidents, often one of the most deadly and it's preventable. "Every boat should have a man overboard practice drill and it needs to be practiced in all kinds of weather," Paul says.

"You can do a man overboard drill with a cushion or hat and that is okay for boat manoeuvring, but it doesn't give you an idea of how difficult it is to get someone out of the water," he added.

Paul organized an on-the-water man overboard safety session one evening in August to demonstrate how difficult the process can be. Twenty-six NOLSC members headed out to the lake on four boats Landaleigh (Jeff Goodman), Kinsail (Tim O'Connor), Symphony (Gert Tiel) and Thistle (Paul Boudreau). Our victims or men overboard included Commodore John Vanderperk, Dave Rourke, Ron Critchley and Corey Fowler.

One of the participants Louise VanAtte says they are now planning to have a practice drill on their boat. "Everybody should know what to do," she says. "We have saved a floatable winch handle in the past, but it's a lot different when someone's life depends on you knowing what to do."

Another participant says she has already received an early Christmas present from her husband – it's a life sling so she can save him if he falls overboard.

If there are just two of you:

Have a man overboard drill and practice it.

- ◆ Throw any handy floatation devices overboard. It could save the person's life if they are not wearing a life jacket and it will create a debris field to keep them in sight. Toss underhand, they will go farther.
- ◆ The night of the man overboard session we had to wait 15 seconds after our victim dove into the water to demonstrate how quickly someone will move away from the boat -- our boats were under power, not sail.
- ◆ Throw a life ring attached to 100 feet of floating line and attach a fender to keep it afloat. A life sling can also be used immediately.
- ◆ Hit the MOB button on your GPS.
- ◆ Don't take the time to take the sails down, however you can let the jib fly. You will need the main to manoeuvre the boat. If the boat is under power never back up. The victim can get caught in the propeller.
- ◆ Stop the boat and turn 180 degrees. Head back to the victim keeping him or her upwind of the boat towing the floating line in front of them so they can grab it.
- ◆ Tie a rope in a loop and fasten it to a secure cleat or railing.
- ◆ Instruct the victim to put the rope under his or her arms.
- ◆ Bring the boat alongside the victim, then secure victim to the boat. The victim should be brought along side midship, which is more stable than the bow or stern.
- ◆ Hoist victim aboard using the main halyard, then you can use a winch to help pull them onboard.
- ◆ DO NOT GO INTO THE WATER TO ASSIST THE VICTIM if there are only two of you. The chances are that you will then have two victims.

- ◆ If victim is unconscious or is having difficulty, steer the boat as close to the victim as possible, reach down and put a boat hook under his or her armpits, and pull up.
- ◆ BEST ADVICE – DON'T FALL IN If moving around the boat especially when there are only two people onboard wear a harness or run a jack line from the bow to stern that you can hook yourself onto.

If there are more than two onboard:

If you are racing or cruising and there are more than two people onboard when a victim falls overboard here's what to do:

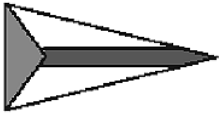
- ◆ Yell "Man overboard" as soon as a victim falls in.
- ◆ Appoint spotters to keep the victim in sight. And point to the victim.
- ◆ Depending on conditions and number of people onboard the sails could be lowered.
- ◆ If the victim is unconscious or disappears call for help.
- ◆ Send a rescuer into the water only as a last resort, making sure the rescuer is wearing a floatation device and is secured to the boat by a line.

Many thanks...

Thank you to Paul Boudreau, all the skippers and the victims for participating and to Michael Armstrong (Larus III) who served as an alternate victim.

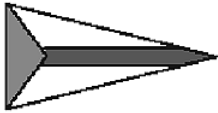
Thanks to all the participants who now know how hard a rescue could be and how important it is to know what to do.

-Judy Brandow



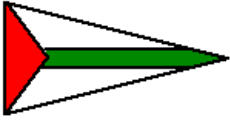
Man Overboard!





Hawaiian Luau- Oakville Club- August 2010





Hawaiian Luau- Oakville Club- August 2010



◆ Pictures by "Jiimmy" Garrett and Maureen Dodd

