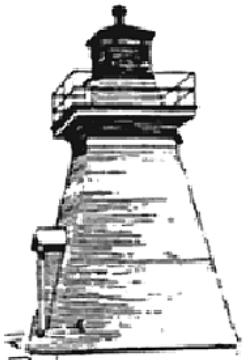




THE MAINSHEET

Summer 2015



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“BEYOND”
Moonlight-Sunrise Cruise
Submitted by Dave and Karen Jones



Upcoming Events

Social Calendar

Tom Turkey -

Oct 17th

***Renegade**



Please Contact Barb in the Office
for tickets.

**\$15 for members and
\$25 for non-members.**

Shark Homecomers

Sept. 26, 2015

Details not available at
time of publishing.
Check website for
further details.



Sailors Swap Meet

Saturday, Sept. 12, 2015.

9 a.m.– 12 Noon.

An opportunity to sell or exchange any un-wanted boating items
that may be a treasure to others.

Will be held in the main parking lot at the white building,
if raining then it will be held inside the white building.

Tables provided.

Unsold items **MUST** be taken home by owners.

All those wishing to participate please contact

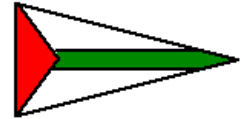
Sandra Kocsis. saundrah@yahoo.com

All items must be removed from the premises prior to the end of the day.

No items are to be placed in the garbage bins at the club.



Going to the Dogs!



BELLA -The Portuguese Water Dog

Bella, the 5 year old Portuguese Water Dog, has Bill and Donna well trained, waking Donna each morning at 6:00am wanting breakfast and her 60 minute walk. Like most Porties she requires a lot of exercise to keep her calm. Porties are very gentle, loving and devoted to family.

Originally, they were bred in the Algarve as a working dog, herding fish into fisherman's nets, retrieving tackle and nets and acting as couriers between fishing boats.

Bella is not a speed swimmer and gets very upset, crying loudly, when her friends beat her to a stick. However, she is very well muscled and has much stamina. Being very comfortable on boats, she loves to travel wherever we go on Wings or our small power boat. She is a keeper!

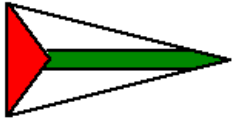
CHATHAM- The Golden Retriever

Chatham, handlers, Peter and Louise Koslik own the boat French Kiss. Chatham loves to go sailing and is often found fast asleep in the cockpit even when the coast guard boards the boat. When he isn't sleeping he can be found fetching sticks in the water.



TUCKER– The Golden Retriever

Tucker loves sailing with his owners Nancy and Wayne Smith on their boat Moxie II. When he isn't playing with his Teddy Bear you can find him sleeping soundly on the boat or under the shade of a tree. His favourite book is "Fifty Shades of Grey".



From the Editor...

Summertime...what a great time to be out on the boat with family and friends. I hope everyone is enjoying their summer. Water temperatures are still a bit chilly on the north shore but not too bad on the south and the levels are way up compared to most years.

We managed to attend the past two cruises, one to ABYC and the other to CBYC. Both were well attended and organized. Thank you to Kathy and Mike Edwards for coordinating them. The hosts for each cruise did a fantastic job also.

Steak BBQ was a sold out event as was the Corn Roast. A huge thank you to Glen Stewart for his magnificent Margaritas, and to Dave Jones and Garry Brown for cooking the corn. As always, we had a great group turn out to help set up and tear down each event....I thank you all for helping as none of our social events would happen without the assistance of others. Thank you to Barb and Ed in the office, Michelle and Olivia at the gas dock for helping with the clean up. Again, none of the social events would be possible without their help!

Thank you to everyone that submitted articles and or pictures.

Enjoy what is left of the summer.....see you at Tom Turkey.

-Kathy Brown

We cannot direct the wind
but we can adjust our sails.”



**Bring your items to the
Swap Meet on Sept. 12,
2015
See page...2**

Laurel's Sewing & Alterations

Tel.or Text @ 905-327-6229

Email: LLG.SEW@GMAIL.COM

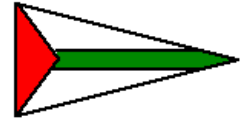
427 Mississagua St. NOTL

Contact Laurel Gordon for:

- New boat and patio cushions
- New foam

Any sewing needs and clothing alterations

Free to a good home.....Books! Books!
And More Books! Available to anyone
that would like them.
See Barb in the office.

Gold Winner!

Two time tournament player of the game Dylan Wells of U-18 Team Canada, is pictured here with the Russian goalie after the semi final at the Ivan Hlinka tournament in the Czech Republic. Dylan stopped all shooters in the shoot out vs. Russia to secure a berth in the final against Sweden. Dylan once again got the start for the Gold medal game. He didn't disappoint, leading Team Canada to a 7-3 win!

Congratulations Dylan from all of us at NOLSC !

Fleet News

Greetings Sailors,

At this writing, we are past the half way point of our racing/cruising season. The wind has been cooperating more in recent weeks than it was early in the season, and we've had some pretty good racing the last few weeks.

Starting this week, with the results of race 1 of The Great Lakes Series (Thanks to Wayne Smith), the published race results will take on a slightly different look with the addition of a "PHRF Status" column.

This is meant to be a gentle reminder to those with provisional ratings that the assignment of a provisional rating by the club handicapper is not the end of the process, but the beginning. Completing the PHRF application (available at <http://www.phrf-lo.org/images/Documents/appform.pdf>) and sending it to Larry Huibers (lhuibers@cogeco.ca) gets you started.

Note that we discussed putting an expiration date on provisional ratings, something along the lines of 30 days. But we didn't because we're nice guys. Get those applications in.

Our all volunteer Race Committee is taking shape nicely. On Wednesday evenings, we have 9-11 people on the water running two separate race courses. We are having fun and of course, learning a lot. Anyone wishing to join us for a fun and interesting evening on the water, shoot me an email (jthompson@datascapes.us) and let me know. Absolutely no experience required.

See you on the water.

John Thompson-
Vice Commodore-Fleet



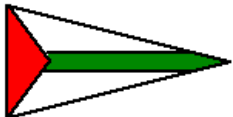
Rules, rules, rules..... nobody likes them because no one is exempt from breaking at least one. We call them policies or guidelines, at the end of the day they are still rules. Some are not written in the club policies, but are somewhere in the archived minutes. Let's run through a few that crop up more than others. Gas powered power washers, parking when cruising, refuelling at the dock, unkempt storage boxes, no launching of PWC,

Ed-ifications

cleaning up after yourself in the clubhouses and one more for good measure, dogs must be leashed and cleaned up after at all times! I think that most are common sense or common courtesy but still it must be said or written. Sad really. But that's the reality. The dog policy is one that should be easy, if on a leash, you will always know where it does it's "business". Simple. No gray area.

We are all very different people and need to find common ground to get along in the confines of the fence here at NOLSC.....hence the "rules".

According to many many many visitors, you have a beautiful Club. The all rookie summer staff have worked hard and learned our ways quickly. I'm proud of them all! Enjoy the rest of this nice summer
Ciao
Ed



Stray Currents

Swimming and Stray Current in Fresh Water

As the weather gets warmer (and yes we have finally got some warm weather) we all look for ways to cool off. Going for a quick swim certainly does the trick, but doing it around docked boats connected to shore power may not be the best place. I had heard about the phenomenon of "Stray Current", by doing a quick internet search I found a variety of articles. I chose one which was fairly brief but explained the issue.

It is not a common occurrence but certainly something that can happen.

David Bruce,

Membership

The Case of the Hot Marina

An inadequate grounding system on a docked boat leads to a rare form of electrocution that disguises itself as drowning

While enjoying the Memorial Day weather on the sundeck of their moored houseboat on a lake in the Southeast, a mother and her adult daughter decided to go for a brief swim to cool off. Aside from a couple

splashes and a shout that the water was cold, neither woman gave any indication that anything was wrong, but as a second daughter prepared to follow them a short time later, she looked down and saw her mother floating face down near the swim ladder; her sister was nowhere to be seen.

The subsequent frantic efforts to resuscitate the mother were to no avail. Despite administering CPR, a witness was unable to save her. Rescuers found the daughter several minutes later more than 50 feet below the surface of the water, but it was too late to save her. The post mortem suggested both had drowned because neither body had suffered any physical trauma, but the surviving daughter reported that they were both good swimmers. What could have possibly happened?

As the investigation into their deaths continued, it became increasingly evident that the women were the victims of a phenomenon that has become known as electric shock drowning.

Dangerous currents. Electric shock drowning is often the result of a situation similar to a hair dryer falling into a bathtub; in these cases the hair dryer is a boat and the bathtub is a lake. The cause is often an undetected ground fault that energizes the hull and causes a low-level current to flow through the swimmers, thereby disabling muscle function. It's referred to as electric shock drowning and not electrocution because there is no physical injury. The victims either lose muscle control if the current level is in the 0.01A to 0.02A range or suffer ventricular fibrillation at 0.05A to 0.06A current levels. Because victims typically show no sign of injury, many electric shock drownings are mislabeled as deaths attributable to alcohol intoxication or heart

attack. Oftentimes those drownings that are attributed to electric shock are classified that way because of circumstantial evidence like great distress, multiple deaths, and a tingling sensation reported by the survivors.

How does the hull become energized? What happens to the safety bonding system? American Boat and Yacht Council (ABYC) recommended practices require that the AC shore cord's green bonding wire be joined on a boat to the DC negative bus and the underwater gear bonding system. Should a fault develop on the boat, the fault current in the ground wire will initiate a breaker trip or at least prevent a potential (voltage) rise on the hull or underwater gear. However, there's no way to know if the ground wire is OK under normal operating conditions.

Current takes all paths back to the source, so even with a good ground system there still may be a small voltage rise on the hull as a fault establishes a parallel current path in the water. The boat may become lethal, however, if the ground return is damaged and located in fresh water.

Regardless of the size of the AC fault, the potential may rise to lethal levels as low as 15VAC. Even with a poor ground, a boat in salt water won't develop enough potential to cause a problem for a swimmer, making this an unheard of phenomenon with boats in the ocean. However, lakes are a different story. Fresh water is a very poor conductor by comparison, so an ungrounded fault will raise the potential on the hull as it attempts to enter the water. A swimmer represents a much lower resistance fault path, even if only in the electric field and not touching anything.

NOLSC Board of Directors 2014

Flag Officers

Commodore	Bruce Harper
Vice Commodore—Operations	Rob MacLachlan
Vice Commodore—House	Ron Critchley
Vice Commodore—Fleet	John Thompson
Secretary	Peter Koslik
Treasurer	Lottie Urquhart
Past Commodore	Rick Corvino

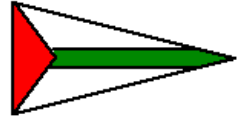
Directors

Membership Director	David Bruce
Social Director and Cruising	Kathy Brown
Junior Sailing Director	David Rourke
Long Range Planning	David DeBoy
Director at Large	David Shantz
Public Relations	Donna Genge

Board Affiliates

Mainsheet Editor	Kathy Brown
Cruise Co-ordinators	Kathy & Mike Edwards

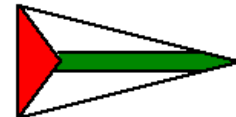
Wednesday Night BBQ's



A huge "Thank you" to Steve and Orla for a great Wednesday Night BBQ season and to all those who supported the Jr. Sailing Program.



WELCOME NEW NOLSC MEMBERS



Please welcome the following new 2015 members to NOLSC.

-Submitted by Donna Genge



ORLA MORGAN & STEVE DAVIES – joint active members

Orla and Steve bought their boat hoping to make sailing their main source of summer entertainment. Their dog, Freddie, also loves their Tanzer 25, called Avanti, and is crazy about swimming, leaping in the water constantly to retrieve. Orla and Steve are already actively involved in The Club. They run the Wednesday night barbeques at the A-Frame and can be found helping to set up for every social event. Welcome Orla & Steve.



PAUL MURRAY – associate member

Paul, better known as “UPS Paul”, along with his wife Linda, own a Catalina 30. They are particularly interested in cruising and have attended reciprocal cruises already. Social functions and comradery are high on their list of positives for The Club. Because they are willing to offer a helping hand when needed, they will make valued members at NOLSC. Welcome Paul and Linda.



LAWRENCE BAYER – associate member

Lawrence’s family have been members of NOLSC since 1990. He has raced with his dad, Larry, on Yogi Bear for many years. He recently graduated from Brock and now is ready to take on new challenges, like one day serving on The Board of Directors. We welcome young blood into our club, Lawrence. Glad to have you on board.

WELCOME NEW NOLSC MEMBERS



ED BERKHOUT – active member

Ed and his wife, Nancy, are owners of 2 boats, a nameless Whaler 190, which can be found tied up to the docks along Nelson St. and Ali Cat, a J 105, which he keeps at Smuggler's Cove because we do not have room for it at NOLSC. Ed comes to us from Dalhousie and his big love is racing. He is hoping for a slip for Ali Cat so it can call NOLSC home. Welcome Ed and Nancy.



ALICE KLAMER – associate member

Alice has been a renter at our Club for several years and wishes to become an active member. She owns Little Princess, a Larson 226. She is a busy lady running The Blue Sky Nursery in Beamsville and is heavily involved as a volunteer in her community. She, also, tries to keep Jim out of trouble. Alice loves to participate in our Club social functions and cruises. Welcome Alice.



HERB WATSON – associate member

If you find an empty slip at 160 Nelson St., Herb has "Gone fishing". He and his wife, Karan, own a Campion 582 Explorer and Herb loves to fish. Besides being a fisherman, he is a volunteer fireman at Virgil District #3 and hopefully will not have to come to any of our houses unless invited. We look forward to them participating in our upcoming social events. Welcome Herb, and may the big one never get away.



LAUREL GORDON AND ROD GARDNER – joint active members

Laurel and Rod own a nameless shark, numbered 1131. Both are active in The Club, each racing on different boats. Laurel races with her sister, Jinnie, on Red Dwarf and Rod mostly, races on Fast Trak. However, he can sometimes be found racing with his son, James, on Frostbite. They love to attend our social functions and despite having 8 children between them they can still found smooching in the back corner. Welcome Laurel and Rod.

Ernie is Loving Retirement



At seven weeks old he was a very tiny little fur ball when Rick and Janice Corvino brought him to the club. Junior sailors named him Killer because he was destined to be a mouser. Rick fed him live baby mice and little live fish. This little kitten would try valiantly to capture his dinner while the fish were flipping around on the ground, but they had to switch to cat food and once they did that there was no going back. Although Janis says later he did capture a couple of rats.

Ernie grew up to be NOLSC's club cat. Now at 13, which is 68 in human years Ernie has retired to Judy Brandow's house.

Ed McIlroy says he was more a birder. Ernie used to sleep on his back outside Ed's window and the swallows used to swoop down on him. Then one day Ernie reached up and caught one – and ate it.

Often Ernie would visit Debbie and Russ Hodgkinson's boat, *Penguin*. He liked that. He even brought them a present – they woke up to a kafulle. Ernie had brought them a present – a live bird. But then in December one year when the boat was backing away from the dock for winter haul out Ernie came

running down the dock after the boat. Heart wrenching. He didn't want to lose a comfy bed.

Russ and Ed attempted to put an electronic collar on him so he could open the door, but the raccoons couldn't. It didn't take him long to get it off so a simple cat door was installed so he could get inside.

Our much loved security guards became his best friends. Ernie would follow Jack and later Les on their rounds. Winter and summer Ernie would wait for them. He spent time in the heated Guard House and got lots of treats.

Jack used to call him Blackie, but it was Ed, who named him Ernie after Ernie Gillingham.

Before the office was renovated Ernie could get in and out at will. He used to go to Barb Wells for pets and often would sleep on her keyboard. During the renovation he could be found inside in front of a heater. But he never really liked the new office. He would stay for a few minutes, then would want out again.

Pets 'n bites: Ernie would visit many boats and people. At one point everyone was afraid someone would sail away with him. He would stop by Kathryn and Howard Nesbitt's boat and roll over wanting a belly rub. Kathryn would pet him, but after a few minutes Ernie would bite. You had to remember not to pull away or you would have holes in your hand.

Ernie's home became a lawn chair with a dog bed on top in the golf

cart area of the white building. With the last two winters being so cold the door to the women's washroom was left ajar so he could sleep in his cat bed on a heated floor.

Judy Brandow became one of his pals. Whenever Judy came sailing Ernie would get hugs. So when Judy's cat Felix passed away Ed suggested she take Ernie home. Ernie, who is now 13 years old, has retired to Judy's house.

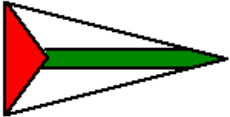
Ernie is loving retirement. He watches TV from the couch. He lays around on the second floor deck on a chaise lounge. He has access to the lake. He watches dogs and cyclists along the Martin Goodman Trail from a safe perch on the front porch. He sleeps on the bed in the daytime and once in a while jumps up at night.

In the beginning he didn't want to go out, then he went on escorted walks so he wouldn't get lost, now he goes out for about half an hour on his own and then comes back home. He gets lots of pets and hugs.

If he could talk he would thank all the people who were his pals and even his vet, Lisa Rosenbaum, who gave him his shots.
Merci & Meow!

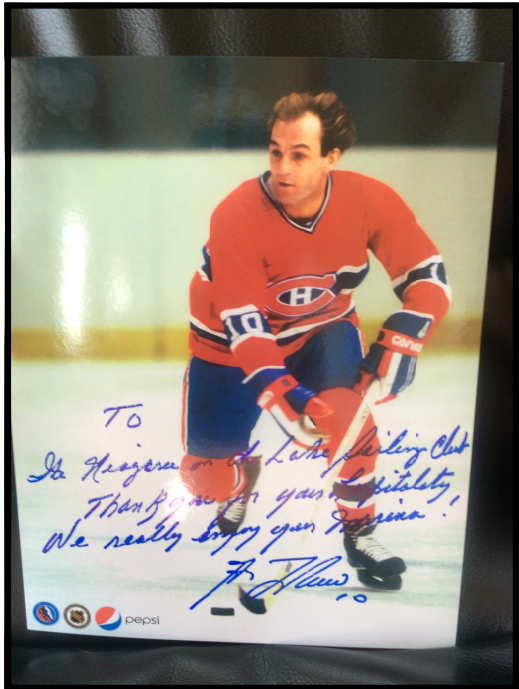


Kayak Competition



ABYC, for the first time hosted the Pan Am Games Synchronized Kayak Competition. NOLSC had one team qualify for the finals. They were the heavy favourite going into Sundays Gold medal final. Everything was going fine until they both became very erratic on the course. Alas.....it was not to be. Interviewing the disgruntled and confused NOLSC team at the dock, it was determined the was a glitch with their MP3 players that they each carried. They had qualified paddling to Phil Collins "into the night" but they accidently hit " shuffle" so one was paddling to SNOOP Dog and the other "silent night" by the Mormon Tabernacle Choir.....They had the skill in the early rounds but were beat by technology. Maybe next year. Reporting to you from ABYC on assignment.....Ted Grimwood
(Roving Reporter a.k.a. Dave Clayton)

Celebrity Amongst Us!

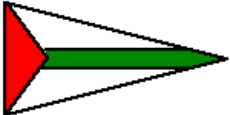


Niagara on the Lake Sailing Club was honoured with the presence of Guy LaFleur on his Cruiser this past week to the excitement of all NHL hockey fans. News quickly spread through town that the Hockey Celebrity was here. He enjoyed his stay at NOLSC and Niagara. For those that missed him, Ed has this signed card in his office.

Niagara Cup/Racing



Sail Past 2015



Cruise News

CRUISE NEWS

It's hard to believe we're almost through the cruises. June's cruise to Tuscarora was well attended, 23 boats with over 50 sailors enjoyed a fabulous weekend. Thanks to our cruise hosts David & Karen (Landoleigh) for the Pot Luck Supper complete with a sailor's favourite "Rum Punch" and Paul & Nan (Thistle) for the Peameal Bacon Breakfast. The boys played a round of croquet while the kids horsed around on a skateboard towed by a bicycle. Great fun was had by all. We were pleased to see 2 veteran sailors, Rick Sherk and Carol Hepburn join us.

On the 4th of July long weekend, our American Members, Paul & Kim (Noble Silence) and Ralph & Celeste (Decompression) hosted the "All American" cruise to Ashbridges. Ralph mixed up the Long Island Ice Teas while the apron clad Paul & Paul grilled the burgers and dogs. Kim & Celeste sang God Bless America only to follow with the entire group singing both the American and Canadian Anthems.

Unfortunately we had to miss out on the cruise to CBYC. Our land friend's son is getting married. Who picks a long weekend during sailing season for their wedding?! I hear that the float your boat race went really well. A great time was had by all. A thank you to Paul and Sandra Kocsis for organizing the race and to all those who participated.

Details for the September Labour Day cruise to National have been posted. Edwards & Edwards will be hosting this cruise.

Hope you all are enjoying the summer.

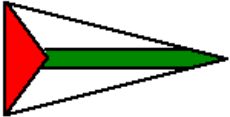
Mike & Kathy Edwards



NYC— Sat. Sept. 5 to Mon. Sept 7

Please sign up in the office with Barb Wells.
Limited Space available.
First Come First Served.

Cruising 2015





Out and About