

NIAGARA-ON-THE-LAKE SAILING CLUB

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NIAGARA-ON-THE-LAKE, ONTARIO
L0S 1J0

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EMAIL: NOLSC@NIAGARASAILING.ON.CA

2011 LEARN TO SAIL REGISTRATION FORM

Please circle level your child will be at in 2011 – 4 Week Certificate Courses

White Sail Level I \$650.00

Level II \$650.00

Level III \$650.00

Bronze Level IV \$750.00

Level V \$750.00

Other - TBD

Silver (July) \$800.00

Silver (August) \$800.00

PLUS REGATTA FEES

Please circle session

JULY SESSION (July 4 - 29)

AUGUST SESSION (August 2 - 26)

ADULT SAILING \$350.00 8 week course. July 5, 12, 19, 26 August 2, 9, 16, 23.

Other: (provide details)

Participants Name: _____ DOB: _____ Age: _____

Parent's Name/Guardian: _____

Address: _____ City: _____

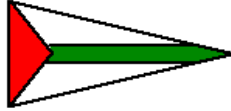
Province: _____ PC: _____ Email: _____

T-Shirt Size (adult sizing): XSmall Small Med Large X-Large

Payment Options: Cheque Visa MasterCard

_____/_____/_____ Exp ____/____

Total Paid: _____ Date: _____ Received By: _____



ELIGIBILITY & REQUIREMENTS

To be eligible for our program, juniors must be 10 – 16 years of age, with the ability to swim 50 meters and tread water for 10 minutes.

The Canadian Yachting Association (CYA) has established a national “Learn to Sail” program. The program starts beginners in White Sail (level I, II & III) learning their basic sailing skills. As the students progress they enter Bronze Sail (IV & V) to perfect their seamanship. The program then goes on to racing skills in Silver Sail (VI – 2 month course) and Gold Sail (V- 2 month course). All levels of ability are taught in each session. New sailors are welcome in either month or both.

Our professional instructors are trained through the CYA’s Instructor Certification program. They are trained in first aid, swimming, coaching theory, boat rescue, motor boat handling and a high level of sailing skill.

Our fleet consists of Nutshell dinghy; RS Feva and International 420’s. We supply all equipment. The things you need to bring are the bathing suit, towel, a change of clothes, athletic shoes with non-marking soles, a Canadian Coast Guard approved lifejacket, sunscreen, lunch and water.

SAFETY & LEARNING

From the first morning the student enters the NOLSC environment, safety is our number one concern. Safety is incorporated into every aspect of the program, from the CYA material we teach, to the quality of the equipment.

It is important to note that when we spend time outdoors, we are exposed to (UV) radiation from the sun, and overexposure can cause damage to the skin. Please ensure your child is protected from these harmful rays.

The best way to learn to sail is hands-on! Right from the first day all students are in the boats and on the water. In the event of inclement weather there will be on-shore theory, testing and extracurricular activities.

We take our teaching seriously but FUN is the key ingredient to learning in all of our programs. There is a wonderful spirit throughout the whole season, where good times prevail and friendships develop.

WAIVER

I, _____ , assume all risk of death, injury, loss or damage to my person or property while upon the property or boats of the Niagara-on-the-Lake Sailing Club. Whether this is due to negligence or otherwise, neither myself nor any other person shall have any right or claim against the Niagara-on-the-Lake Sailing Club, its employees, its servants or agents.

Signature: _____

Date: _____ **NOLSC Employee Initials:** _____